

GEAR LIST – DOTCOM SAFARIS

HEADGEAR

For the head, it is recommended to wear:

- warm beanie-style hat made of fleece or knitted material,
- neck gaiter, or a scarf to protect against dust and wind
- wide-brimmed sun hat for sun protection, and high UV protection sunglasses.

UPPER-BODY

The upper body requires:

- thermal or fleece base layer
- two light or medium weight moisture-wicking long-sleeved shirts or t-shirts
- two lightweight moisture-wicking short-sleeved shirts or t-shirts
- fleece or hoodie
- insulated jacket
- warm hooded or summit jacket
- poncho to be carried in the daypack in case of unexpected rain.
- Inner gloves made of fleece or quick-drying fabric and heavyweight, insulated, water-resistant gloves or mittens are also necessary.

LOWER-BODY

- thermal or fleece base layer leggings
- two pairs of shorts for warmer weather
- two light or medium weight trekking trousers, waterproof or summit trousers, and gaiters are recommended. Additionally:
- six pairs of underwear, trekking boots with good ankle support
- training shoes or similar for around camp
- daily trekking socks, and thermal trekking socks for summit night are required.

Equipment to bring includes :

- small rucksack or daypack for personal items and water
- waterproof duffle bag that weighs no more than 15kg when full
- 4 seasons or -20 Deg C sleeping bag with a compression sack
- trekking pole
- water bottle or hydration bag that can carry 3.0L of water with a wide-mouthed bottle required for summit night
- headlamp with extra batteries
- optionally, an insulated sleeping mat for added comfort and warmth.

Gears and equipment to rent:

- warm hooded or summit jacket
- waterproof or summit trousers
- upper and lower thermal, gloves
- gaiters
- headlamp
- water bottles
- hiking boots
- balaclava or warm scarf
- sleeping bag
- poncho or raincoat
- duffel bag
- camelback
- warm hat
- thick socks

Other necessary accessories include:

- high SPF sunscreen and lip balm
- toiletries including wet wipes and hand sanitizer
- camera with spare batteries
- personal medication and first aid kit
- personal snacks and energy bars, glucose powder or tablets
- towel for wiping hands and face