



WHAT TO BRING

- Waterproof jacket
- Soft jacket, fleece or soft-shell, for cold temperatures at night
- Long sleeve shirt, for protection from the sun
- Short sleeve shirt, light-weight
- Hiking pants
- Shorts (optional)
- Bathing suit (optional)
- Underwear
- Headwear
- Brimmed hat, for sun protection
- Bandana, buff or dust mask, for face coverage
- for dust and sweat (optional)
- Footwear
- Hiking boots or shoes
- Sandals or flip-flops (optional)
- Socks
- Accessories
- Sunglasses
- Daypack, small
- Face mask (Mandatory)
- Hand sanitizer (Mandatory)
- Toiletries
- Prescriptions
- Sunscreen
- Lip balm
- Other suggested items to bring along
- Insect repellent, containing DEET
- Snacks (optional)
- Headlamp or flashlight
- Camera, with a zoom lens of 300mm or more (optional)
- Binoculars (optional)
- Electrical outlet adapter (plug type D or G)
- Paperwork
- rip receipt
- Passport
- Visa (available at the airport) (USD\$50 per passport holder from most nationalities/USD)
- \$100 per visa for USA passport holders.
- Immunization papers (Yellow Fever – only required if you travel to Tanzania via a Yellow Fever infected country, Meningitis & Hepatitis.
- Insurance documents